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Strike Your Next Deal at These Breakfast Spots

Travels in Taste

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NEW YORK ([TheStreet](#)) -- Business moguls don't just rise and shine. They get up. They go. Then they eat their competition for breakfast. Or rather, over breakfast.

Titans at the likes of **McDonald's**(MCD) and **Starbucks** (SBUX) are likely to agree: Breakfast is the most important meal of the day for your body and your business. [TravelsinTaste.com](#) has compiled a list of the best restaurants to visit for your next power breakfast. Whether you're entertaining a partner or a prospect, they're the top spots to have a meal, then make the deal.

Los Angeles: In Los Angeles, nights are filled with drinks at red-carpet cocktail parties and dinners behind velvet ropes. Mornings, however, are all about nutrition and negotiation. If you're watching your figure, join Hollywood's high-powered studio executives and agents at the Belvedere. Located inside the [Peninsula Beverly Hills](#), it has an outdoor terrace that's perfect for sipping coffee and sharing trade secrets.

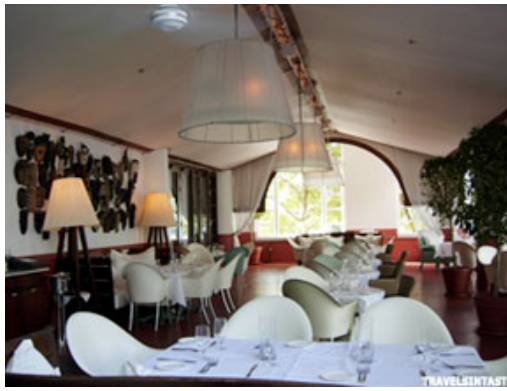
If your morning meeting could benefit from a dose of celebrity chic, try the [Polo Lounge](#) at the Beverly Hills Hotel, where healthy breakfast options such as smoothies and vegetarian benedicts abound. If you need to butter up a new client, do it with the Beverly Hills bread basket.

Las Vegas: In Vegas, it's go big or go home, even first thing in the morning. As proof, look to [Tableau](#) at **Wynn Resorts'** ([WYNN](#)) Wynn Las Vegas Hotel, where the Strip's suits do big business over Kobe beef short ribs and eggs.

Business travelers shouldn't leave Sin City without waking up to Thomas Keller's [Bouchon](#) at the Venetian, owned by **Las Vegas Sands**(LVS). Specialties include French toast served bread pudding-style with layers of brioche, custard and apples; sourdough waffles; and salmon baguettes.

South Florida: Although Florida's famous for its fruit, breakfast gets much more sophisticated than orange juice for South Florida's business elite, who flock to Cero at the Ritz-Carlton in Fort Lauderdale. Breakfast at this beachside resort restaurant puts local Florida produce front and center in dishes such as buttermilk pancakes, served with peeled banana, walnuts and sugarcane syrup.

In Miami's South Beach, breakfast is best at the Blue Door at the Delano Hotel, part of **Morgans Hotel Group**(MHGC). Here, sun-kissed executives enjoy Monte Cristo sandwiches and Scottish porridge before boarding their yachts for an afternoon of business mixed with pleasure.



The Blue Door at Miami's Delano Hotel offers a breakfast fit for business.

New York: Even "the city that never sleeps" eventually takes a nap. When it wakes up, it heads to the **Loews Regency Hotel(L)**, where breakfast is waiting at 540 Park. The focus is on fuel before fancy with breakfast classics such as blueberry pancakes, eggs benedict and brioche French toast.

For a breakfast that's more whimsical, look to Norma's at Le Parker Meridien, part of **Starwoods Hotels & Resorts Worldwide(HOT)**. This restaurant specializes in quirky fare, like breakfast nachos, chocolate decadence French toast and lobster frittata, served with caviar.

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